

Advanced Daily Exercises

for Double Bass

David Heyes

1. SCALE PATTERNS

$\text{♩} = \text{c.56}$

1 4 1 2 1 4

3 3 3 3

3 3 3 3

5 5 6 6

6 6

This exercise can be played in all major and minor keys and on each string

1 4 1 2 1 4

1 3

1 3

1 3

1 2 3

1 2 3

1 2 3

1 4 1 2 etc.

7. RUNNING THIRDS

Different fingering patterns

The following musical notation illustrates various fingering patterns for running thirds in 6/8 time. The exercises are presented in four systems, each with two staves (treble and bass clef) and a key signature change.

- System 1 (Key of D major):** Shows ascending and descending patterns with fingerings such as 0-1-4, 1-1-2, 1-4, 1-4, 1-4, 1-4, 1-2, 1-3, 3-2-1, 4-1, 4-1, 4-1, 4-2, 4, 4, 1, 2, 1, 4.
- System 2 (Key of B minor):** Shows ascending and descending patterns with fingerings such as 1-1-4, 1-2, 1-4, 1-4, 1-3, 1-2, 1-3, 3-2-1, 3-1, 4-1, 4-1, 4-2, 4-1, 4-1, 1-1-4, 1-2, 1-4, 1-3, 1-2, 1-3, 3-2-1, 3-1, 4-1, 4-1, 4-2, 4-1, 4-1.
- System 3 (Key of F major):** Shows ascending and descending patterns with fingerings such as 1-1-4, 1-2, 1-4, 1-3, 1-3, 1-2, 1-3, 3-2-1, 3-1, 4-1, 4-2, 4-1, 4-1, 1-1-4, 1-2, 1-4, 1-3, 1-2, 1-3, 3-2-1, 3-1, 4-1, 4-1, 4-2, 4-1, 4-1.
- System 4 (Key of C major):** Shows ascending and descending patterns with fingerings such as 1-1-4, 1-2, 1-4, 1-3, 1-3, 1-2, 1-3, 3-2-1, 3-1, 4-1, 4-2, 4-1, 4-1, 1-1-4, 1-2, 1-4, 1-3, 1-2, 1-3, 3-2-1, 3-1, 4-1, 4-1, 4-2, 4-1, 4-1.

Bowing variations

The following musical notation illustrates bowing variations for running thirds in 6/8 time. The exercise is presented in a single staff with a bass clef and a key signature of one sharp (F#). Four different bowing techniques are shown, each marked with a 'V' above the notes.

Rhythmic variations

The following musical notation illustrates rhythmic variations for running thirds in 6/8 time. The exercise is presented in a single staff with a bass clef and a key signature of one sharp (F#). Four different rhythmic patterns are shown, each marked with a 'V' above the notes.

9. SCALE PATTERNS & DOUBLE STOPS

D — G — D

D — G — D

D — G — D

D — G — D

D — G — D

D — G — D

D — G — D

D — G — D

Bowing and rhythmic variations