

VII

The Bow Arm

The fingering of the following two exercises should be strictly adhered to. These are obviously harder on the cello as they necessitate shifts, but a good legato should be strived for, with a flexible wrist and relaxed bow arm. The object being to acquire facility in bowing across the strings.

Play in third and second positions.

1)

Play in fourth and third positions.

2)

This is executed by playing the open C with the bow and running the fingers over the scale of C whilst the bow still sustains the open C. Lift the fingers high when playing this scale so that they fall audibly on the fingerboard. The bow must be very steady on the C string. The notes marked + indicate where it is impossible to sustain the open C because the scale necessitates the use of bow and fingers on the same string.

3)