

Contents

<i>Preface</i>	xii
Background to the Dancing	1
A Life of Music and Dancing	11
The Basic Steps	20
THE DANCES	
The Grand March	31
The Circassian Circle	33
The Friendly Waltz	35
The Dashing White Sergeant	37
La-Va	39
The Boston Two-Step	41
The Virginia Reel	43
The Highland Schottische	45
The Four-Hand Star	47
Strip the Willow	49
The Pride of Erin Waltz	51
The Eightsome Reel	53
The Call o' the Pipes	56
The Mississippi Dip	58
Scottish Reform	60
The Eva Three-Step	62
The Lomond Waltz	64
The Lancers	66
The St Bernard's Waltz	70
The Canadian Barn Dance	72
The Britannia Two-Step	73
The Swedish Masquerade	75
The Gay Gordons	77
Palais Glide	79
The Broun's Reel	81
THE MUSIC	84